BREAKFAST

served with atlas roasted potatoes & fresh fruit

BENNY 16.00

poached eggs, toasted english muffin, tannadice farms ham, house hollandaise

健 ATLAS 16.00

poached eggs, toasted english muffin, lox, capers, house hollandaise

PESTO MUSHROOM 16.00

poached eggs, toasted english muffin, sautéed mushrooms and arugula in pesto, house hollandaise

BACON 16.00

poached eggs, toasted english muffin, bacon, tomatoes, house hollandaise

♦ GF GOAT CHEESE 16.00

poached eggs, house made polenta, roasted fennel, eggplant, red peppers, goat cheese

♦ GFO CLASSIC 15.00

two eggs, poached or scrambled, chipotle sausage or bacon, caramelized onions, focaccia toast

AVOCADO ON TOAST 15.00

smashed avocado on house made focaccia toast with poached eggs, fresh arugula, feta cheese, pickled onion

CAPICOLLA EGGWICH 15.50

toasted focaccia, spicy capicolla ham, red pepper, sautéed mushrooms, scrambled egg, mozzarella cheese

♦ GFO FRITTATA 16.50

three eggs, black olive, tomato, parmesan cheese, fresh arugula

add butcher block sausage or bacon 2.50

♦ GF HUEVOS RANCHEROS 16.00

poached eggs on local corn tortilla with roasted sweet chili yams, black beans, house smoked asiago cheese, salsa, sour cream, guacamole, pickled red onions

GF PULLED PORK BREAKFAST BOWL 16.00

house smoked BBQ pulled pork, roasted corn, sautéed mushrooms, fresh cilantro, two poached eggs, ancho-annatto hollandaise on your choice of firecraker rice* or breakfast potatoes

GF ATLAS BREAKFAST BOWL 16.00

roasted kabocha squash, caramelized onion, sautéed spinach, two poached eggs, anchoannatto hollandaise goats cheese on your choice of firecraker rice* or breakfast potatoes

♦ GF SOUTH WEST VEGAN BOWL 15.00

avocado, chili yams, roasted corn, black beans, salsa, sautéed organic tofu on your choice of firecraker rice* or breakfast potatoes

*firecracker rice contains nuts

LIGHTER SIDE

EGGS AND TOAST 9.00

two eggs, poached or scrambled, with focaccia toast and choice of roasted potatoes or fresh fruit stack

HOUSE MADE GRANOLA 8.50 with fresh fruit and tree island yogurt

♦ GF FRESH FRUIT & YOGURT 7.50

➢ TOASTED BAGEL & LOX 9.00

Breakfast Hours

with cream cheese, red onions & capers

TOASTED BAGEL & CREAM CHEESE 5.00

SATURDAY 8:25 - 1:00

SUNDAY 8:25 - 2:25

- GF BUTCHER'S BLOCK CHIPOTLE SAUSAGE 5.00
- **♦ GF BACON** 5.00
- ♦ GF ROASTED POTATOES 3.00
- ♦ GF FRESH FRUIT 4.50

